Mold and Health in NPU-V

Is Mold a Health Problem?

Mold is a fungi that can release harmful toxins that may be bad for your health.

Symptoms of mold-related sickness include:

- Feeling tired all the time
- Coughing/wheezing
- Severe asthma attacks
- Sneezing
- Headaches
- Skin irritation/rashes
- Eye irritation
- Sensitivity to light or sun

Mold can be found in many places in the home, from:

- Bathrooms
- Leaks
- Dirty living conditions
- Flooding
- Old housing

Hey! I'm Hope. Can you name the location of mold in each picture?

Quiz

Mold can be different colors and can grow in any place where there is moisture. What is the location inside the home of each picture of mold growth? Answers on the back!
What can you do?

Learn the 3 C's of mold control!

1. CHECK
   If you see mold in your home, make sure you cover your face, arms, legs, and use gloves, masks, and other protective gear when attempting to clean.

2. CLEAN
   If the area with mold is small try to clean with proper supplies as soon as possible.

3. CONTACT
   If there is too much mold for you to clean, report them to your landlord or contractor.

PROCTOR CREEK RESEARCH RECAP

Local research study highlights the health burdens of living in unhealthy urban conditions right here in NPU-V.

1. Having a basement may add to moisture problems in the home.

2. Other factors that can allow mold to grow in the home: humidity control, air flow, and leaky pipes and faucets.

Find more information on the study here at: https://www.hindawi.com/journals/jeph/2016/1962901/

According to the EPA, "the key to mold control is moisture control!"

If you have or suspect mold in your home and your landlord or contractor is not cooperating, learn more about strategies recognized by Georgia courts to help solve the problem and ensure safe and healthy living conditions for all.

TO LEARN MORE ABOUT HOPE, HEALTH, AND COMMUNITY PROJECTS IN NPU-V, CONTACT US AT:

(404) 584 - 6497 HTTP://ECO-ACT.ORG @ECOACTIONGA

Quiz Answers: 1. bedroom 2. under the sink 3. bathtub